

PRODUCT SPECIFICATION

Date: 08/01/2019
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*Our Vision:
 We want to be your favourite baker*

Product Name	Wholemeal Bloomer (14+2) x 5
Legal name	Wholemeal Bread
Ingredients Declaration	Wholemeal(Wholemeal WHEAT Flour, Water, WHEAT Gluten, Yeast, Salt, Palm Oil, Emulsifiers[Mono and di-glycerides of fatty acids, Mono and di-acetyltartaric acid esters of mono and di-glycerides of fatty acids], Rapeseed Oil, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour treatment agent[Ascorbic Acid]).
Allergy Advice	For allergens, including cereals containing gluten, see CAPITALISED ingredients
**	Manufactured in a Bakery that handles Milk, Eggs and Soya May contain Milk, Egg, Soya printed on label

Nutritional Values		Calculated from supplier sources, McCance & Widdowson, USDA databases			
		Weight:	51.000	g	Slice
Energy (kJ)	968	kJ per 100 g	493		kJ per Slice
Energy (kcal)	230	kcal per 100 g	117		kcal per Slice
Protein	9.8	g per 100 g	5.0		g per Slice
Carbohydrate	41.4	g per 100 g	21.1		g per Slice
Of which sugars	1.4	g per 100 g	0.7		g per Slice
Starch	40.0	g per 100 g	20.4		g per Slice
Fat	2.8	g per 100 g	1.4		g per Slice
Saturated fat	0.8	g per 100 g	0.4		g per Slice
Mono-unsaturated fat	0.7	g per 100 g	0.4		g per Slice
Poly-unsaturated fat	0.8	g per 100 g	0.4		g per Slice
Salt	0.99	g per 100 g	0.51		g per Slice
Sodium	0.396	g per 100 g	0.202		g per Slice
Fibre	5.8	g per 100 g	3.0		g per Slice
Moisture	40.1	g per 100 g	20.4		g per Slice

This specification was accurate at the time of issue. It is an uncontrolled copy and you will not be notified if we change our recipes. We believe our information to be reliable and is given in good faith based on information supplied by our suppliers and partners. We exclude any liability for error.

Further tests or enquiries should be made for specific claims.

Nutritional values represent "typical" values.

Food is a natural product so the exact nutritional values vary from batch to batch.

Fosters Bakery goods are bought and sold under our terms and conditions see www.fostersbakery.co.uk/financial

Allergen and intolerance information - CONTAINS:			
Peanuts*	No	Wheat	Yes
Other nuts*	No	Barley	No
Sesame seeds	No	Rye	No
Lupin seeds	No	Oats	No
Celery	No	Kamut	No
Mustard	No	Spelt	No
Soya	No	Gluten	Yes
Fish or Shellfish	No	Milk	No
Molluscs	No	Eggs	No
Sulphites >10ppm	No	Sulphur dioxide >10ppm	No

Suitable for	
Vegetarians	Yes
Vegans **	Yes
Coeliacs	No
Lactose intolerants	Yes
Gluten free diet	No
Kosher (certified)	No
Halal (certified)	No
Genetic Modification	
Free from GM material	Yes

*nuts: includes Almonds, Hazelnut, Walnut, Cashew nut, Pecan, Brazil, Macadamia, Queensland nut.

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***This product is made in a bakery that handles Soya flour, Milk and Eggs. Although good precautions are taken to segregate them there is a risk of cross contamination.** Confidential © Fosters Bakery (Staincross) Limited 2012

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