Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR



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Vestey Global Farm - Crispy Southern Fried Goujon Mini Chicken Fillets 45-55g - Information

Fully Cooked Chicken Goujon In A Southern Fried Style Breadcrumb.

TFS Product Code:025365Suppliers Product Code:Information Last Updated:15/03/2023Date Produced:16/07/2025



Allergy Information



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	224.00
Energy (kJ)	938.00
Protein (g)	16.10
Carb (g)	15.30
Of Which Sugars (g)	0.30
Fat (g)	11.10
Of Which Saturates	
(g)	4.30
Fibre (g)	0.00
Salt (g)	1.04

Key: Suitable for

Kosher Vegetarian Halal Ve

al Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Chicken Inner Fillet (55%), WHEAT Flour, Water, Tapioca Starch, Salt, Modified Tapioca Starch, WHEAT Gluten, Onion Powder, Garlic Powder, Spices (White Pepper, Black Pepper, CELERY), Herbs (Oregano, Fennel), Yeast Extract, Raisings Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yellow Corn Flour, WHEAT Starch, Dry Yeast, Sugar, Paprika Extract, Turmeric Extract, Palm Oil

Handling Information

Directions for Use

Storage Instructions

Cooking Instructions from Frozen: Preheat the oven to 200°C/Fan 180°C/ Gas Mark 6 and cook for 15-20 minutes. Place in moderately hot oil 180°C/ 356°F for 4-6 minutes

-18 degrees or below

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