

## Tidmans Rock Salt Coarse Crystals - Information

Coarse Rock Salt Tidman's rock salt is extracted from ancient underground deposits. Grind over focaccia for extra flavour or sprinkle onto pork, chicken and potatoes for crispiness. Ideal for directly seasoning your cooking creations, or add Tidman's Rock Salt into your salt grinder for everyday use. Coarse Crystals Ideal for Salt Grinders

**TFS Product Code:** 030670  
**Suppliers Product Code:**  
**Information Last Updated:** 02/07/2024  
**Date Produced:** 14/02/2026



### Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	0.00
Energy (kJ)	0.00
Protein (g)	0.50
Carb (g)	0.50
Of Which Sugars (g)	0.50
Fat (g)	<0.50
Of Which Saturates (g)	0.10
Fibre (g)	0.00
Salt (g)	100.00

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Rock salt

## Handling Information

### Directions for Use

ambient

### Storage Instructions

ambient

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