

Stoats Golden Syrup Porridge Pot - Information

Perfect for busy mornings (or any time of day!) When a creamy porridge with the sweetness of golden syrup is just the ticket. Made with the finest Scottish oats to pack in essential fibre and a source of protein.

TFS Product Code: 021679
Suppliers Product Code:
Information Last Updated: 11/12/2019
Date Produced: 17/07/2025



Allergy Information

Key: **Contains** **May Contain**



Nuts



Milk



Sulphur Dioxide



Cereal

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	359.00
Energy (kJ)	1502.00
Protein (g)	15.50
Carb (g)	61.50
Of Which Sugars (g)	20.00
Fat (g)	5.70
Of Which Saturates (g)	1.10
Fibre (g)	6.20
Salt (g)	0.31

Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Wholegrain Scottish OATS (69.0%), Skimmed MILK Powder, Soft Brown Sugar, Natural Golden Syrup Flavouring (1.3%)

Handling Information

Directions for Use

Shake pot then peel back lid Add boiling water to fill line (approximately 160ml) Stir well Leave to stand for 3 minutes Stir well again Add more water if required to adjust the consistency of the porridge. Caution: Hot product and pot.

Storage Instructions

Store in a cool, dry place. Best Before See base of pack

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