

## Seafeast Tempura Battered Prawns 26/30's - Information

Frozen tail-on vannamei prawn coated in a tempura batter.

**TFS Product Code:** 029082  
**Suppliers Product Code:**  
**Information Last Updated:** 09/01/2024  
**Date Produced:** 23/05/2026



### Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	195.00
Energy (kJ)	815.00
Protein (g)	10.60
Carb (g)	21.00
Of Which Sugars (g)	1.20
Fat (g)	7.60
Of Which Saturates (g)	3.50
Fibre (g)	0.00
Salt (g)	1.10

### Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Tempura Batter (49%) (WHEAT Flour, Maize Starch, Corn Flour, Acidity Regulators (Glucono Delta-Lactone, Calcium Phosphates), Raising Agent (Sodium Carbonates), Emulsifier (Diphosphates), Stabiliser (Sodium, Potassium and Calcium Salts of Fatty Acids), Corn Starch, Defatted SOYBEAN Powder, Gardenia), Prawns (*Litopenaeus vannamei*) (39%) (CRUSTACEAN), Refined Soybean Oil, Tapioca Starch, Corn Starch, Salt, Stabilisers (Triphosphates, Polyphosphates, Mono- and diglycerides of fatty acids), Perilla Oil.

## Handling Information

### Directions for Use

Remove all packaging prior to cooking. To oven cook from frozen: Pre-heat oven to 200°C / 180°C Fan / Gas Mark 6. Place product on a pre-heated baking tray and cook for 16 - 18 minutes until crispy and golden brown, turning halfway through cooking. To deep fry from frozen: Pre-heat oil to 180°C. Place product in the oil and fry for 3 - 4 minutes. Please ensure food is piping hot and fully cooked prior to serving. The above instructions are guidelines only as cooking appliances may vary.

### Storage Instructions

Keep frozen at -18°C or below. If defrosted, do not refreeze.

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