

Meadow Vale Foods Battered Chicken Nuggets 23g - Information

Chopped and shaped chicken meat, fully cooked in a crispy batter coating, pre-fried and individually quick frozen.

TFS Product Code: 012845
Suppliers Product Code:
Information Last Updated: 18/09/2023
Date Produced: 20/04/2026



Allergy Information

Key: **Contains** **May Contain**



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	230.00
Energy (kJ)	936.00
Protein (g)	13.00
Carb (g)	17.00
Of Which Sugars (g)	0.50
Fat (g)	12.00
Of Which Saturates (g)	2.60
Fibre (g)	0.00
Salt (g)	0.48

Dietary Information

Key: **Suitable for**



Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Chicken Breast Meat (46%), Water, WHEAT Flour, WHEAT Semolina, Rapeseed Oil, Maize Starch, Starch (contains WHEAT), Modified Starch, Salt, Raising Agents (Diphosphates, Sodium Carbonates), WHEAT Gluten, Potassium Chloride, Dextrose, Spice.

Handling Information

Directions for Use

For best results cook from frozen. The following instructions are guidelines only. If thawed, reduce cooking times accordingly. Remove all packaging before cooking. DEEP FRY: Pre-heat the oil to 180°C. Fully immerse the chicken nuggets into the hot oil and fry 3 - 4 minutes. Drain and serve.

Storage Instructions

Keep frozen -18°C or colder.

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