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Linda McCartney Vegetable Sausages 50g - Information

Seasoned vegan sausages made with rehydrated textured soya protein.

TFS Product Code: 029393
Suppliers Product Code:
Information Last Updated: 12/03/2025
Date Produced: 23/11/2026



Allergy Information

Key: Contains | May Contain

Contains: Gluten, Soya, Cereal

May Contain: Sesame, Crustaceans, Eggs, Lupin, Nuts, Milk, Celery, Sulphur Dioxide, Peanuts, Fish, Molluscs, Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	139.00
Energy (kJ)	582.00
Protein (g)	14.00
Carb (g)	3.80
Of Which Sugars (g)	1.30
Fat (g)	5.60
Of Which Saturates (g)	3.80
Fibre (g)	7.90
Salt (g)	1.10

Dietary Information

Key: Suitable for

Suitable for: Vegetarian, Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Rehydrated textured SOYA protein (58%), water, SOYA protein concentrate, rapeseed oil, WHEAT flour, bamboo fibre, seasoning (SULPHITES) (dextrose, flavourings, salt, onion powder, yeast extract, colour: iron oxides and hydroxides), tomato purée, stabiliser: methyl cellulose; salt, raising agent: ammonium carbonates.

Handling Information

Directions for Use

Cooking instructions given are for 2 vegetarian sausages. For best results always cook from frozen. All cooking appliances vary; timings are to be used as a guideline only, please adjust times accordingly. Ensure food is piping hot and cooked through prior to serving. Remove outer packaging. Grill for best results. GRILL: Preheat grill and wire rack to a moderate heat. Place vegetarian sausages on the wire rack and grill for 14 minutes, turning occasionally. OVEN: Preheat oven to 180°C/ Fan 160°C/Gas Mark 4. Place vegetarian sausages onto a preheated baking tray and cook in the centre of the oven for 16 minutes, turning halfway through.

Storage Instructions

For best before end see side of box. Keep frozen -18°C or below. Do not refreeze.

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