Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road **Great Yarmouth** Norfolk NR30 3PR



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La Lorraine Panesco Mini Diamond Roll Mix 30g - Information

Assortment of rustic, stone baked, mini diamond rolls: 45 flour dusted wheat rolls, 45 multigrain rolls decorated with seeds and 45 flour dusted dark rolls with a flavour of cumin.

TFS Product Code: 030780 **Suppliers Product Code:** 2104237 Information Last Updated: 03/01/2024 **Date Produced:** 16/07/2025



Allergy Information

Key: Contains















Nuts



Fish













Milk Celery Sulphur Dioxide

Soya

Cereal Peanuts

Nutritional Information

100g or 100ml Serving Unit:

Energy (kcal) 246.00 Energy (kJ) 1041.00 Protein (q) 9.80 Carb (g) 46.00 Of Which Sugars (g) 1.10

Fat (q) 1.80

Of Which Saturates

0.30 (g) Fibre (q) 3.20 Salt (g) 1.50

Dietary Information

Molluscs Mustard

Key: Suitable for











Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Rustic wheat roll (WHEAT flour, water, iodised salt (salt, potassium iodate), yeast, sourdough (RYE), emulsifier (mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids), flour treatment agent (ascorbic acid), semolina (WHEAT)), Rustic multigrain roll (WHEAT flour, water, RYE flour, SESAME SEEDS (2%), linseed (2%), broken RYE (1%), iodised salt (salt, potassium iodate), broken SOYA (1%), yeast, bran (WHEAT), rapeseed oil, sunflower seeds (0,4%), roasted malt (BARLEY), salt, sugar, emulsifiers (mono- and diacetyl tartaric acid esters of mono- and diglycerides of fatty acids, SOY lecithin), acidity regulators (citric acid, lactic acid), coriander, roasted malt (RYE), flour treatment agent (ascorbic acid)), Rustic dark roll (WHEAT flour, water, RYE flour, iodised salt (salt, potassium iodate), yeast, roasted malt (BARLEY) (0,5%), broken WHEAT, SOYA flakes, sunflower seeds, WHEAT germ, OAT flakes, linseed, sugar, emulsifiers (mono- and diglycerides of fatty acids, mono- and diacetyl tartaric acid esters of mono- and di glycerides of fatty acids), malt flour (BARLEY), cumin seeds, flour treatment agent (ascorbic acid), roasted malt (RYE), rapeseed oil).

Handling Information

Directions for Use

Defrost at 22°C for 15 minutes. Preheat oven to 210°C. Bake at 180°C for 8 - 10 minutes.

Storage Instructions

Keep at -18°C. Do not refreeze after defrosting.

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