Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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KTC Lentils Red Split Dry - Information

Dried and skinned red lentils

TFS Product Code: 020529

Suppliers Product Code:

Information Last Updated: 19/01/2022 **Date Produced:** 20/08/2025



Allergy Information

Key: Contains





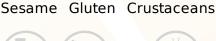








Eggs Lupin Nuts











Milk Celery Sulphur Dioxide

Soya

Cereal Peanuts









Molluscs Mustard Fish

Nutritional Information

100g or 100ml Serving Unit:

Energy (kcal) 318.00 1353.00 Energy (kJ) Protein (g) 23.80 56.30 Carb (q) Of Which Sugars (g) 0.20

Fat (g) 1.30

Of Which Saturates

0.20 (g) Fibre (g) 4.90 Salt (g) 0.09

Dietary Information

Key: Suitable for









Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Red Lentils 100%

Handling Information

Directions for Use

Sort through and discard any damaged lentils. Soak in water for at least 12 hours, rinse thoroughly and drain. Cover with fresh water, bring to the boil and simmer for 30-40 minutes or until tender. Perfect for dals, soups and casseroles.

Storage Instructions

Store under cool, dry conditions. Do not expose to direct sunlight or strong aromas.

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