Thompsons Food Service Ltd. 26 - 28 Southgates Road Great Yarmouth Norfolk NR30 3LL



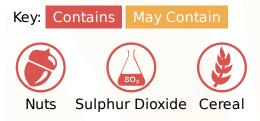
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Kellogg's Fruit N Fibre PM 2.99 - Information

TFS Product Code:020684Suppliers Product Code:Information Last Updated:15/10/2019Date Produced:05/05/2024



Allergy Information



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	380.00
Energy (kJ)	1603.00
Protein (g)	8.00
Carb (g)	69.00
Of Which Sugars (g)	24.00
Fat (g)	6.00
Of Which Saturates	
(g)	3.50
Fibre (g)	9.00
Salt (g)	1.00

Dietary Information

Key: Suitable for



Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: 7 Church Plain, Great Yarmouth, Norfolk, NR30 1PL, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

WHOLEWHEAT (68%), Dried Fruit (27%) (Raisins, Coconut, Banana {Banana, Coconut Oil, Sugar, Flavouring}, Apple HAZELNUTS), Sugar, Salt, BARLEY Malt Flavouring, Vitamins & Minerals: Niacin, Iron, Vitamin B6, Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin), Folic Acid, Vitamin B12

Handling Information

Directions for Use

No usage information

Storage Instructions

Store in a dry place

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