

Kara Lemon and White Chocolate Muffins - Information

A lemon and White Chocolate Chunk Muffin with a Sugar Nib Topping and filled with Lemon Curd

TFS Product Code: 012867
Suppliers Product Code:
Information Last Updated: 02/03/2023
Date Produced: 07/09/2025



Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	388.00
Energy (kJ)	1630.00
Protein (g)	4.60
Carb (g)	54.70
Of Which Sugars (g)	30.10
Fat (g)	16.60
Of Which Saturates (g)	3.10
Fibre (g)	0.90
Salt (g)	0.44

Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Rapeseed Oil, EGG, Lemon Curd (12%) (Sugar, EGG, Water, Butter (MILK), Concentrated Lemon Juice, Acidity Regulators (E330, E331iii), Stabiliser (E406), Flavouring), White Chocolate Chunks (11%) (Sugar, Dried Whole MILK, Cocoa Butter, Dried Skimmed MILK, Emulsifier (E322 (SOYA)), Flavouring), Glycerine, Cornflour, EGG White, Raising Agents (E450, E501), Maltodextrin, Dried Whey (MILK), Emulsifier (E471), Salt, Flavouring, Water.

Handling Information

Directions for Use

To defrost: remove from case and leave in pack at room temperature for approximately 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once unwrapped use within 2 days and keep covered over night. If product is kept wrapped, use within 5 days.

Storage Instructions

Keep frozen, store at -18°C or below. Once defrosted do not refreeze.

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