Thompsons Food Service Ltd.
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Frank Dale Classic Lorraine Pickups Quiche 50g - Information

Smoked bacon, mature Cheddar cheese and onion in a delicate free-range egg custard, topped with smoked bacon slices and mature Cheddar cheese, encased in shortcrust pastry. Palm from a sustainable source, RSPO certificate number BMT-RSPO-000578 (1 x 24)

TFS Product Code: 033078
Suppliers Product Code:
Information Last Updated: 13/10/2025
Date Produced: 04/11/2026



Allergy Information

Key: Contains | May Contain

Sesame | Gluten | Crustaceans | Eggs | Lupin | Nuts

Milk | Celery | Sulphur Dioxide | Soya | Cereal | Peanuts

Fish | Molluscs | Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	249.00
Energy (kJ)	1046.00
Protein (g)	9.70
Carb (g)	19.70
Of Which Sugars (g)	2.40
Fat (g)	15.00
Of Which Saturates (g)	7.50
Fibre (g)	0.90
Salt (g)	0.90

Dietary Information

Key: Suitable for

Kosher | Vegetarian | Halal | Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Pastry (28%) Fortified WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Margarine (Palm Oil, Coconut Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Acidity Regulators (Citric Acid, Disodium Citrate), Natural Flavouring, Colour (Carotenes)), Shortening (Palm Oil, Rapeseed Oil), Maize Flour, Water, Tomato Puree, Sea Salt. Quiche Lorraine Filling (65%) Whole MILK, Mature Cheddar Cheese (11%) (MILK) (contains Natural Colour (Annatto Bixin, Norbixin)), Onion, Free-Range Whole EGG, Smoked Bacon (6%) (Pork, Salt, Demerara Sugar, Preservative (Sodium Nitrite)), Modified Maize Starch, Dehydrated Potato, Dijon MUSTARD (Water, MUSTARD Seeds, Spirit Vinegar, Salt, Black Pepper). Bacon and Cheddar Topping (7%) Smoked Back Bacon (5%) (Pork, Water, Salt, Antioxidant (Sodium Ascorbate), Preservatives (Sodium Nitrite, Potassium Nitrate)), Mature Cheddar Cheese (2%) (MILK) (contains Natural Colour (Annatto Bixin, Norbixin)).

Handling Information

Directions for Use

From Frozen unless otherwise stated Oven: Remove from outer packaging. Place quiche onto a baking tray. Place in a pre-heated oven at 190°C/170°C (Fan)/Gas Mark 5 for 30 mins. Ensure quiche is piping hot before serving. Thaw and serve: simply arrange slices on a platter whilst frozen. Leave to defrost for 24 hours in the refrigerator and serve. Once defrosted keep refrigerated and use within 24 hours. Do not refreeze once defrosted. When heated, ensure a core temperature of >75°C is achieved (or relevant national requirements) for at least 30 seconds before serving. Do not reheat after cooking.

Storage Instructions

Keep Frozen. Store at -18°C or below

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