Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR



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Everyday Tea Cakes Spiced Fruit MK5 - Information

A white sweetened bread cake with added currants, sultanas and raisins, with a blend of warm spices and brown sugar.

TFS Product Code:030461Suppliers Product Code:F00273Information Last Updated:16/01/2023Date Produced:28/08/2025



Allergy Information



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	257.00
Energy (kJ)	1089.00
Protein (g)	8.00
Carb (g)	51.20
Of Which Sugars (g)	12.90
Fat (g)	1.60
Of Which Saturates	
(g)	0.20
Fibre (g)	3.20
Salt (g)	0.70

Dietary Information

Key: Suitable for Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Mixed Soaked Fruit (17%) (Sultanas, Raisins, Currants), Brown Sugar, Yeast, Spice, Salt, Rapeseed Oil, Emulsifiers: E471, E472(e). Sugar, Flour Treatment Agents: E300, E920.

Handling Information

Directions for Use

Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days Do not refreeze.

Storage Instructions

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not re-freeze.

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