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# Chef Approved MK4 Plain Unseeded Burger Buns - Information

A fully baked white unseeded burger bun.

**TFS Product Code:** 032481
**Suppliers Product Code:**
**Information Last Updated:** 02/03/2026
**Date Produced:** 24/11/2026



## Allergy Information

Key: Contains | May Contain

Sesame | Gluten | Crustaceans | Eggs | Lupin | Nuts

Milk | Celery | Sulphur Dioxide | Soya | Cereal | Peanuts

Fish | Molluscs | Mustard

## Nutritional Information

| | |
|---|---|
| Serving Unit: | 100g or 100ml |
| Energy (kcal) | 260.00 |
| Energy (kJ) | 1103.00 |
| Protein (g) | 8.70 |
| Carb (g) | 50.40 |
| Of Which Sugars (g) | 3.60 |
| Fat (g) | 2.10 |
| Of Which Saturates (g) | 0.30 |
| Fibre (g) | 3.00 |
| Salt (g) | 0.90 |

## Dietary Information

Key: Suitable for

Kosher | Vegetarian | Halal | Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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## Ingredients

WHEAT Flour (contains Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Dextrose, Rapeseed Oil, Emulsifiers: E472(e), E471; Flour Treatment Agents: E300, E920.

## Handling Information

### Directions for Use

Defrost thoroughly before use. Defrost at room temperature for 1 – 2 hours, or until fully defrosted and serve. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and consume within 4 days.

### Storage Instructions

Store frozen at -18°C. Once defrosted do not refreeze.

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