

## Alpro Yoghurt Simply Plain Vegan - Information

Plain plant based yoghurt

**TFS Product Code:** 030037  
**Suppliers Product Code:**  
**Information Last Updated:** 08/03/2023  
**Date Produced:** 05/05/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	51.00
Energy (kJ)	212.00
Protein (g)	4.00
Carb (g)	2.10
Of Which Sugars (g)	2.10
Fat (g)	2.30
Of Which Saturates (g)	0.40
Fibre (g)	0.00
Salt (g)	0.25

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

SOYA, water, sugar, calcium (Tri-calcium citrate), Stabiliser (pectin), acidity regulator (sodium citrates, citric acid), flavouring, sea salt, antioxidants (Tocopherol-rich extract, fatty acid esters of ascorbic acid) Vitamins (B12, D2), yoghurt cultures (*s. thermophilus*, *L.bulgaricus*).

## Handling Information

### Directions for Use

Keep refrigerated

### Storage Instructions

Store at max 7 C and eat within 5 days after opening

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