

## Tiger Tiger Large Plain Poppadum Madras Microwaveable - Information

Authentic Madras Poppadums

**TFS Product Code:** 024647  
**Suppliers Product Code:** 408112  
**Information Last Updated:** 25/05/2023  
**Date Produced:** 07/06/2025



### Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	371.00
Energy (kJ)	1552.00
Protein (g)	25.60
Carb (g)	59.00
Of Which Sugars (g)	0.00
Fat (g)	3.20
Of Which Saturates (g)	1.00
Fibre (g)	0.00
Salt (g)	4.30

### Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Lentil Flour 90 Salt Rice Flour Raising Agent (Calcium Carbonate) Coconut Oil

## Handling Information

### Directions for Use

Pour sufficient oil into the cooking pan to submerge the poppadum. Heat the oil to the smoking point. Gently lower a poppadum into the hot oil. Ensure that the poppadum is covered in the oil by pressing it down with a long handle cooking utensil for 3-4 seconds. Carefully lift the poppadum out of the oil with long handle cooking utensil. Place the poppadum onto a kitchen roll or serviette suitable for draining excess oil. Drain until dry and crisp. Serve whilst still warm. To Microwave: Lightly brush the poppadum on both sides with vegetable oil. Place the poppadum in the microwave, cover with kitchen paper and cook on high power for approximately 45 seconds, until the poppadum has expanded. Microwave ovens vary in power, please adjust cooking time to suit.

### Storage Instructions

Once opened please stored the uncooked poppadum in a dry airtight container.

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