Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road **Great Yarmouth** Norfolk NR30 3PR



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### **TFS - Herbs Fresh Oregano - Information**

Oregano is a shrub-like herb with multiple-branched stems, growing either upright or in a creeping manner, depending on the variety. It can grow as tall as three feet in height. The leaves are narrow and pinnate, or arrow-shaped, and have a soft, fuzzy texture. They grow in pairs, well-spaced out along tender stems. As the plant grows, the more mature stems become woody at the base. In the late summer, small white flowers bloom from the flower spikes (bracts) at the top of the stems. Oregano is said to have a 'balsamic' flavour; a combination of mint (a closely related herb), thyme, and rosemary. The taste is strong and somewhat bitter.

**TFS Product Code:** 013603 Suppliers Product Code: OREGANOFR Information Last Updated: 07/10/2022 **Date Produced:** 06/11/2025



## **Allergy Information**

Key: Contains May Contain













Sesame Gluten Crustaceans

Eaas

Lupin

Nuts



Milk

Fish





Celery Sulphur Dioxide



Soya





Cereal Peanuts

#### Serving Unit: 100g or 100ml

**Nutritional Information** 

0.00 Energy (kcal) 0.00 Energy (kJ) 0.00 Protein (g) Carb (q) 0.00 Of Which Sugars (g) 0.00 Fat (g) 0.00 Of Which Saturates 0.00 (g) Fibre (a) 0.00 Salt (g) 0.00

# **Dietary Information**

Molluscs Mustard

Key: Suitable for

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information axxox hine greate minately clifated e; lytexpease always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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### **Ingredients**

Fresh Oregano

### **Handling Information**

#### **Directions for Use**

Wash before use. Oregano is a traditional Mediterranean herb and plays a prominent role in Greek and Italian cuisine. Pair fresh and dried oregano with cured olives, sheep's milk cheeses, tomatoes, pork, lamb, potatoes, pasta and rice. It is an ideal aromatic for meat stews and can compliment olive oil sauces for grilled and baked fish.

#### **Storage Instructions**

Keep cool and dry until ready to use. Keep refrigerated.

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