Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR



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TFS - Butchery Gammon Horseshoe Joint Unsmoked -Information

Rind-on Unsmoked Horseshoe Gammon Joint with Added Water

TFS Product Code:013714Suppliers Product Code:Information Last Updated:22/03/2024Date Produced:16/09/2025



Allergy Information



Nutritional Information

Serving Unit:	100g or 100m
Energy (kcal)	140.00
Energy (kJ)	584.00
Protein (g)	18.00
Carb (g)	0.50
Of Which Sugars (g)	0.50
Fat (g)	7.50
Of Which Saturates	
(g)	2.50
Fibre (g)	0.00
Salt (g)	2.90

Key: Suitable for



Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Pork (87%), Water, Salt, Dextrose, Antioxidant (Sodium ascorbate), Preservatives (Sodium Nitrite, Potassium Nitrate)

Handling Information

Directions for Use

Product require cooking: Remove all packaging before cooking. To Boil: Allow 20 minutes per 450gr plus 20 mins. Place the joint in a large pan and cover with a cold water. Bring the boil and simmer for the calculated cooking time. Ensure the product is cooked thoroughly.

Storage Instructions

Keep refrigerated at 0-5C. Use within 24 hours of opening and before date shown. Suitable for home freezing on day of purchase. Store at -18°C or below. Use within 1 month. Defrost thoroughly and use within 24 hours. Do not refreeze.

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