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# **Sykes Panko Coated Squid Rings Calamari - Information**

Raw, pre-fried squid rings coated in panko breadcrumbs

TFS Product Code: 028327 Suppliers Product Code: 300134

Information Last Updated: 30/08/2024 **Date Produced:** 05/11/2025



## **Allergy Information**

Key: Contains













Sesame Gluten Crustaceans

Eggs

Lupin Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts

## **Nutritional Information**

17.00

100g or 100ml Serving Unit:

Energy (kcal) 265.00 1104.00 Energy (kJ) Protein (g) 9.00 18.50 Carb (q) Of Which Sugars (g) 0.90

Of Which Saturates

Fat (g)

2.90 (g) Fibre (a) 0.00 Salt (g) 1.38











Molluscs Mustard

## **Dietary Information**

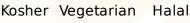
Key: Suitable for











Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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## **Ingredients**

Squid (Dosidicus gigas) (51%), <b>(<b>Mollusc</b>)</b>, <b>Wheat </b>Flour, Modified Tapioca Starch, Thickeners: Oxidised Starch, Xanthan Gum, Guar Gum; Cornflour, Sea Salt, Dextrose, Sugar, Raising Agents: Diphosphates, Sodium Carbonates; Yeast, Fully Refined Soybean Oil.

#### **Handling Information**

#### **Directions for Use**

Cook from frozen Oven: Preheat the oven to 220DegC Electric / 220DegC Fan / Gas 7. Place on a baking tray on the middle shelf of a preheated oven for 13 - 15 minutes. Deep Fry: Fry in hot oil (180DegC) for 2.5 - 3 minutes or until golden yellow, ensuring not to overcook. Drain well before serving. Ensure product is thoroughly cooked and piping hot throughout. Do not reheat. Not suitable for microwave cooking. All appliances vary, the instructions are guidelines only.

#### Storage Instructions

Frozen at -18'c or below

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