Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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Seafeast Cod Fillets 6-8oz (170-230g) Skinless / Boneless -

Frozen, IQF, Skinless and Boneless Atlantic Cod Fillets

TFS Product Code: 029084

Suppliers Product Code:

Information Last Updated: 29/12/2023 **Date Produced:** 05/11/2025

Allergy Information

Key: Contains











Lupin



Sesame Gluten Crustaceans

Eggs

Nuts











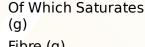


Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts



0.10

82.00

343.00

18.00 0.50

Fibre (g)

Serving Unit:

Energy (kcal)

Of Which Sugars (g) 0.50

Energy (kJ)

Protein (g)

Carb (g)

Fat (g)

0.00

0.70

Nutritional Information

100g or 100ml

Salt (g)

0.14







Fish

Molluscs Mustard

Dietary Information

Key: Suitable for









Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Atlantic Cod (Gadus morhua) (FISH) (95%), Water, Stabiliser: Sodium Tripolyphosphate.

Handling Information

Directions for Use

Once opened, please use it within a day. This product is raw, ensure it is fully cooked before consumption.

Storage Instructions

Keep frozen at -18°C or below. Do not refreeze once defrosted.

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