

## Panike Ciabatta Garlic & Herb - 100g - Information

Ciabatta bread cut in half and topped with garlic filling.

**TFS Product Code:** 032354  
**Suppliers Product Code:**  
**Information Last Updated:** 22/08/2025  
**Date Produced:** 31/05/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	365.00
Energy (kJ)	1527.00
Protein (g)	7.30
Carb (g)	43.50
Of Which Sugars (g)	2.40
Fat (g)	17.10
Of Which Saturates (g)	7.30
Fibre (g)	0.00
Salt (g)	1.00

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Ciabatta {<b>WHEAT</b> flour, water, <b>RYE </b>flour, yeast, salt, improver (<b>WHEAT</b> flour, flour treatment agent (ascorbic acid) and enzymes (<b>GLUTEN</b>))}. Filling {Margarine (vegetable oils and fats (palm, sunflower, coconut, rapeseed, fully refined soy, in varying proportions), water, emulsifier (E471, E322(sunflower)), acidity regulator (E330)), garlic powder (9%), aromatic herbs, parsley}.

## Handling Information

### Directions for Use

Defrost for 15 mins. Bake at 200°C for 10 mins.

### Storage Instructions

Keep frozen at < -18 C

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