Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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## Mr Kipling Lemon Sponge Puddings - Information

#### **Ingredients**

Lemon Sauce (Sugar, Water, Glucose Syrup, Vegetable Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt), Concentrated Lemon Juice (contains Preservative (Sodium Metabisulphite (Sulphites))), Maize Starch, Dried Egg, Preservative (Potassium Sorbate), Acidity Regulator (Sodium Citrates), Stabiliser (Xanthan Gum), Flavouring, Acid (Acetic Acid), Colour (Lutein)), Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Water, Sugar, Humectant (Vegetable Glycerine), Dried Egg, Whey Powder (Milk), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Concentrated Lemon Juice (contains Preservative (Sodium Metabisulphite (Sulphites))), Flavouring.

#### Allergens

Sulphites, Eggs, Gluten, Milk

**TFS Product Code:** 030937 Suppliers Product Code: 1010384 Information Last Updated: 25/07/2025 **Date Produced:** 05/11/2025



### **Allergy Information**

Key: Contains









Eggs





Lupin

Nuts













Celery Sulphur Dioxide











Fish

Molluscs Mustard

# **Nutritional Information**

Serving Unit: 100g or 100ml

Energy (kcal) 380.00 Energy (kl) 1593.00 Protein (g) 2.90

53.70 Carb (g) Of Which Sugars (g) 35.40

16.90 Fat (g)

Of Which Saturates

5.80 (g) Fibre (g) 0.70 Salt (q) 0.42

## **Dietary Information**

Key: Suitable for



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Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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#### **Handling Information**

#### **Directions for Use**

HEATING INSTRUCTIONS! This product is not suitable for heating in a conventional oven. MICROWAVE (BASED ON 800W (E) OVEN) 1) Heat each pudding individually. 2) Remove seal, ensuring all film is removed. 3) Place the pudding upside down on a small microwaveable plate and heat on full power for 30 seconds. We advise not to leave microwave unattended. 4) Remove from the microwave gently and lift the pot away immediately to allow the sauce to flow properly.! Caution: pot and contents will be very hot so we advise you use oven gloves or similar. 5) Leave to stand for 1 minute before consuming. 6) Do not reheat. Microwave ovens may vary in performance. The above is given as a guide only. Adjust times for other microwave ratings.

#### Storage Instructions

Best stored in a cool, dry place

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