Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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Mr Kipling Golden Syrup Sponge Puddings - Information

Individual hot eating pudding comprising of a light sponge covered in golden syrup.

TFS Product Code: 030935

Suppliers Product Code:

Information Last Updated: 17/12/2024 **Date Produced:** 05/11/2025



Allergy Information

Key: Contains











Eggs





Lupin Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts

Nutritional Information

0.48

100g or 100ml Serving Unit:

Energy (kcal) 366.00 1534.00 Energy (kJ) Protein (g) 2.70 54.80 Carb (q)

Of Which Sugars (g) 37.40

Fat (g) 14.90

Of Which Saturates

Salt (g)

5.20 (g) 0.70 Fibre (a)









Molluscs Mustard Fish

Dietary Information

Key: Suitable for









Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Golden Syrup Sauce (Golden Syrup (Partially Inverted Refiners Syrup), Water, Maize Starch, Dark Muscovado Sugar, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum)), Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Water, Sugar, Humectant (Vegetable Glycerine), Dried Egg, Whey Powder (Milk), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Curcumin).

Handling Information

Directions for Use

HEATING INSTRUCTIONS! This product is not suitable for heating in a conventional oven. MICROWAVE (BASED ON 800W (E) OVEN) 1) Heat each pudding individually, 2) Remove seal, ensuring all film is removed. 3) Place the pudding upside down on a small microwaveable plate and heat on full power for 30 seconds. We advise not to leave microwave unattended. 4) Remove from the microwave gently and lift the pot away immediately to allow the sauce to flow properly.! Caution: pot and contents will be very hot so we advise you use oven gloves or similar. 5) Leave to stand for 1 minute before consuming. 6) Do not reheat. Microwave ovens may vary in performance. The above is given as a guide only. Adjust times for other microwave ratings.

Storage Instructions

Best stored in a cool, dry place

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