Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR



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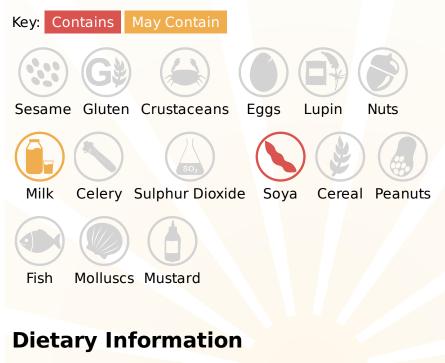
Metcalfes Dark Chocolate Rice Cakes - Information

Rice cakes coated with dark chocolate

TFS Product Code: 030366 Suppliers Product Code: Information Last Updated: 22/03/2023 Date Produced: 16/09/2025



Allergy Information



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	499.00
Energy (kJ)	2092.00
Protein (g)	6.70
Carb (g)	67.80
Of Which Sugars (g)	24.00
Fat (g)	21.90
Of Which Saturates	
(g)	13.20
Fibre (g)	1.90
Salt (g)	0.03

Key: Suitable for Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Dark Chocolate (60%) (Sugar, Cocoa Mass, Cocoa Butter, Fat Reduced Cocoa Powder, Emulsifier SOYA Lecithin, Natural Vanilla Flavouring), Wholegrain Brown Rice. Dark chocolate contains cocoa solids 54% minimum.

Handling Information

Directions for Use

Storage Instructions

n/a

Store in a col dry place, away from direct light.

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