

Laila Giant Cous Cous - Information

Giant Couscous of varying size and shape

TFS Product Code: 030530
Suppliers Product Code: 28782
Information Last Updated: 03/10/2024
Date Produced: 26/07/2025

Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	343.00
Energy (kJ)	1451.00
Protein (g)	24.00
Carb (g)	54.00
Of Which Sugars (g)	2.90
Fat (g)	1.60
Of Which Saturates (g)	0.50
Fibre (g)	8.20
Salt (g)	0.04

Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Laila Giant Cous Cous - Information

TFS Product Code: 030530
Suppliers Product Code: 28782
Information Last Updated: 03/10/2024
Date Produced: 26/07/2025

Ingredients

Wheat Flour (Semolina) , Water

Handling Information

Directions for Use

As per customer requirement

Storage Instructions

Cool, dry storage

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson