Thompsons Food Service Ltd.
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Kara Wholemeal Hoagies 7" - Information

An unsliced large wholemeal finger roll with a coating of malted wheat grains



TFS Product Code: 030321
Suppliers Product Code:
Information Last Updated: 08/02/2023
Date Produced: 11/11/2026

Allergy Information

Key: Contains | May Contain

Contains: Sesame, Gluten, Crustaceans, Eggs, Lupin, Nuts, Milk, Celery, Sulphur Dioxide, Soya, Cereal, Peanuts, Fish, Molluscs, Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	222.00
Energy (kJ)	939.00
Protein (g)	10.10
Carb (g)	38.70
Of Which Sugars (g)	3.20
Fat (g)	1.30
Of Which Saturates (g)	0.50
Fibre (g)	7.60
Salt (g)	0.68

Dietary Information

Key: Suitable for

Kosher, Vegetarian, Halal, Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Wholemeal WHEAT Flour, Water, Kibbled Malted WHEAT (4%), Salt, WHEAT Flour, Fermented WHEAT Flour, Palm Oil, Yeast, Emulsifier (E472e), Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (E300), Rapeseed Oil.

Handling Information

Directions for Use

To defrost: remove from case and leave in pack at room temperature for approximately 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days.

Storage Instructions

Keep frozen, store frozen at -18°C or below. Once defrosted do not refreeze.

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