Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



Tel: 01493 249649 Fax: 0845 051 8772

E-Mail: accounts@tfsltd.co.uk Web: www.tfsltd.co.uk

## Kara Fully Baked Malted Wheat Baguettes 130g - Information

A fully baked French style malted wheat half baguette with 3 diagonal surface burst cuts on top

**TFS Product Code:** 012698 **Suppliers Product Code:** F00441

Information Last Updated: 08/02/2023 **Date Produced:** 05/11/2025



# **Allergy Information**

Key: Contains













Sesame Gluten Crustaceans

Eggs

Lupin

Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts

## **Nutritional Information**

100g or 100ml Serving Unit:

249.00 Energy (kcal) 1085.00 Energy (kJ) Protein (g) 8.30 50.60 Carb (q) Of Which Sugars (g) 1.00

Fat (g) 1.50

Of Which Saturates

0.20 (g) Fibre (q) 3.10 0.90 Salt (g)







Molluscs Mustard Fish

# **Dietary Information**

Key: Suitable for









Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

Thompsons Food Service Ltd.

Tel: 01493 249649

#### Kara Fully Baked Malted Wheat Baguettes 130g - Information

**TFS Product Code:** 012698 **Suppliers Product Code:** F00441

Information Last Updated: 08/02/2023

Date Produced: 05/11/2025



#### **Ingredients**

WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted WHEAT Flakes, Malted BARLEY, Salt, WHEAT Bran, Yeast, WHEAT Gluten, BARLEY Fibre, Emulsifier (E472e), Flour Treatment Agent (E300).

#### **Handling Information**

#### **Directions for Use**

To defrost thoroughly before use. Remove from case and leave in liner at room temperature for 1-2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted do not refreeze. Best served: This product can be eaten once defrosted. Alternatively pop in an oven at 200°C, Gas Mark 6 for a few minutes to warm through. NOTE: The polythene inner is a liner and not intended to be used as a bag.

#### Storage Instructions

Keep frozen at -18°C (0°F). Once defrosted do not re-freeze.

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson