Thompsons Food Service Ltd.
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Heygates Dark Wholemeal Rye Flour - Information

TFS Product Code: 031287
Suppliers Product Code:
Information Last Updated: 04/06/2025
Date Produced: 12/03/2026

Allergy Information

Key: Contains | May Contain

Sesame, Gluten, Crustaceans, Eggs, Lupin, Nuts, Milk, Celery, Sulphur Dioxide, Soya, Cereal, Peanuts, Fish, Molluscs, Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	334.00
Energy (kJ)	1409.00
Protein (g)	7.90
Carb (g)	68.00
Of Which Sugars (g)	0.90
Fat (g)	1.70
Of Which Saturates (g)	0.40
Fibre (g)	13.00
Salt (g)	0.00

Dietary Information

Key: Suitable for

Kosher, Vegetarian, Halal, Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

RYE flour

Handling Information

Directions for Use

Used as required

Storage Instructions

The product should be kept in cool, dry conditions away from direct sunlight

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