Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road **Great Yarmouth** Norfolk NR30 3PR



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Catch Cod Fillets 10-12oz (290-320g) Skin on Pin Bone Out -

Skin On Boneless Whole fillets or taills of Cod which have been individually quick frozen, no welded fillets permitted. Fillets shall have a protective water glaze applied of 20% (+/-2)

TFS Product Code: 029286

Suppliers Product Code:

Information Last Updated: 10/09/2024 **Date Produced:** 05/11/2025



100g or 100ml

80.00

337.00

18.30 0.00

0.70

0.15

Nutritional Information

Allergy Information

Key: Contains













Sesame Gluten Crustaceans

Eggs Lupin

Nuts



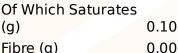
Milk



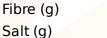


Celery Sulphur Dioxide

Sova Cereal Peanuts



Of Which Sugars (g) 0.00



Serving Unit:

Energy (kcal)

Energy (kJ)

Protein (g)

Carb (g)

Fat (q)









Molluscs Mustard

Dietary Information

Key: Suitable for









Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Cod 80% (Gadus morhua) (FISH), Water 20% (protective glaze)

Handling Information

Directions for Use

Keep Frozen. Once defrosted do not refreeze. Ensure food is cooked for a minimum 72oC for 2 minutes Defrost in a refrigerator at less than 5oC for 24 hours and then use within 24 hours

Storage Instructions

Keep Frozen. Once defrosted do not refreeze.

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