Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR

TFS Product Code:

Suppliers Product Code:



Tel: 01493 249649 Fax: 0845 051 8772 E-Mail: accounts@tfsltd.co.uk Web: www.tfsltd.co.uk

Baked Earth Large Oval Flatbread 163g - Information

Ready-baked, large oval-shaped flatbread, ideal for sharing or use as the base for a 'posh' pizza (approx. 10.5" x 8.5" each). Packed 6 x 4. Suitable for vegetarians and vegans. (1 x 24)



029150



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	321.00
Energy (kJ)	1352.00
Protein (g)	7.50
Carb (g)	51.70
Of Which Sugars (g)	1.10
Fat (g)	8.80
Of Which Saturates	
(g)	0.80
Fibre (g)	2.30
Salt (g)	0.53

Key: Suitable for Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Fortified WHEAT Flour (Calcium Carbonate, Niacin, Iron, Thiamin), Water, Rapeseed Oil, Sugar, Yeast, Salt.

Handling Information

Directions for Use

From Frozen unless otherwise stated Oven: Remove all packaging and sprinkle lightly with water. Place directly on the oven rack at 200°C/Gas Mark 6, for 4-5 minutes. Shelf life once defrosted: Consume within 24 hours.

Storage Instructions

Keep Frozen. Store at -18°C or below

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