Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



Tel: 01493 249649 Fax: 0845 051 8772

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Nutritional Information

Yamas Greek Authentic Yogurt - Information

Greek Full Fat Dairy Yogurt

TFS Product Code: 030767

Suppliers Product Code: 15264 (YAM013) Information Last Updated: 20/01/2025 **Date Produced:** 11/09/2025

Allergy Information

Key: Contains













Sesame Gluten Crustaceans

Eggs

Lupin

Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts



14.00

20.00

100g or 100ml

260.00

12.40 7.40

1076.00

Fibre (g)

Serving Unit:

Energy (kcal)

Of Which Sugars (g) 6.80

Of Which Saturates

Energy (kJ)

Protein (g)

Carb (g)

Fat (g)

1.00

Salt (g)

0.34







Fish

Molluscs Mustard

Dietary Information

Key: Suitable for









Kosher Vegetarian

Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Pasteurised skimmed cow's MILK, Pasteurised skimmed condensed cow's MILK, MILK cream, MILK protein, yoghurt culture.Pasteurised skimmed cow's MILK, Pasteurised skimmed condensed cow's MILK, MILK cream, MILK protein, yoghurt culture.

Handling Information

Directions for Use

Keep refrigerated. Once opened, consume within 3 days and by date shown.

Storage Instructions

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