Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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### Tilda Brown and White Rice - Information

Wholegrain Easy Cook Long Grain Rice (50%) and White Easy Cook Long Grain Rice (50%)

**TFS Product Code:** 030470

**Suppliers Product Code:** 

Information Last Updated: 25/11/2024 **Date Produced:** 28/10/2025



## **Allergy Information**

Key: Contains













Sesame Gluten Crustaceans

Eggs Lupin

Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts





Molluscs Mustard

## **Nutritional Information**

100g or 100ml Serving Unit:

Energy (kcal) 354.00 1501.00 Energy (kJ) Protein (g) 7.40 76.90 Carb (q) Of Which Sugars (g) 0.80

Fat (g) 1.80

Of Which Saturates

0.40 (g) Fibre (g) 1.70 Salt (g) 0.01

# **Dietary Information**

Key: Suitable for











Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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## **Ingredients**

50% wholegrain parboiled long grain rice 50% white parboiled long grain rice

## **Handling Information**

#### **Directions for Use**

Allow an average of 50g of dry rice per person. 1. Bring a large pan of water to the boil. 2. Stir in rice and return to a medium boil. Cook for 20-25 minutes, depending on your required texture. 3. Drain well, stand for 3 minutes and lightly fork through the grains before serving.

### **Storage Instructions**

Store in cool, ambient, pest-free conditions

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