

## TFS - Seafood Battered Squid Rings Calamari - Information

Battered Calamari (Squid) Ring Squid ring covered in a wheat based battered and then fried in vegetable Oil

**TFS Product Code:** 012974  
**Suppliers Product Code:** 176557  
**Information Last Updated:** 24/07/2025  
**Date Produced:** 29/10/2026



### Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

### Nutritional Information

|                        |               |
|------------------------|---------------|
| Serving Unit:          | 100g or 100ml |
| Energy (kcal)          | 206.00        |
| Energy (kJ)            | 865.00        |
| Protein (g)            | 6.60          |
| Carb (g)               | 27.30         |
| Of Which Sugars (g)    | 2.00          |
| Fat (g)                | 7.30          |
| Of Which Saturates (g) | 1.70          |
| Fibre (g)              | 2.30          |
| Salt (g)               | 1.75          |

### Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Rings 40% (Squid (**MOLLUSCS**) and **FISH** Protein, Starch (**WHEAT**), Salt, Sugar and Gelling agent (E407 Carrageenan), **WHEAT** flour, Water, Sunflower oil, Starch (**WHEAT**), Thickeners (E412), Raising agents (E450, E500), Colour (E101).

## Handling Information

### Directions for Use

Keep Frozen. Once defrosted do not refreeze. Cook from Frozen following instructions on bag

### Storage Instructions

Keep Frozen. Once defrosted do not refreeze.

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