

## TFS - Fish PREMIUM Fish Pie Mix / Seafood Chowder Frozen - Information

Raw, skinless and boneless IQF 20mm blocks of Cod, Salmon & Yellow Smoked Haddock.

**TFS Product Code:** 024937  
**Suppliers Product Code:** FPM5  
**Information Last Updated:** 15/01/2022  
**Date Produced:** 21/05/2025



### Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	141.00
Energy (kJ)	591.00
Protein (g)	23.00
Carb (g)	0.00
Of Which Sugars (g)	0.00
Fat (g)	5.00
Of Which Saturates (g)	1.00
Fibre (g)	0.00
Salt (g)	1.00

### Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Cod (FISH) (33%), Salmon (FISH) (33%) & Yellow Smoked Haddock (FISH) (33%), Salt, Smoke Flavour, Turmeric (Curcumin)

## Handling Information

### Directions for Use

This product is raw and must be fully cooked prior to consumption. Oven Bake from frozen: Place on a baking tray in the centre of a pre-heated oven at 200°C. Cook for 20-25 mins.

### Storage Instructions

Store at -18°C or below.

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