Thompsons Food Service Ltd.
Nelsons Yard
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TFS - Fish Cod Loins 5-6oz - Information

Skinless Boneless Cod Loins which have been individually quick frozen, no welded fillets permitted. Loins shall have a protective water glaze applied of 10% (+/-2%)

TFS Product Code: 030002
Suppliers Product Code:
Information Last Updated: 10/09/2024
Date Produced: 10/06/2025

Allergy Information

Key: Contains | May Contain

Sesame, Gluten, Crustaceans, Eggs, Lupin, Nuts, Milk, Celery, Sulphur Dioxide, Soya, Cereal, Peanuts, Fish, Molluscs, Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	80.00
Energy (kJ)	337.00
Protein (g)	18.30
Carb (g)	0.00
Of Which Sugars (g)	0.00
Fat (g)	0.70
Of Which Saturates (g)	0.10
Fibre (g)	0.00
Salt (g)	0.15

Dietary Information

Key: Suitable for

Kosher, Vegetarian, Halal, Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Cod 80% (Gadus morhua)(FISH), Water 20% (protective glaze)

Handling Information

Directions for Use

Keep Frozen. Once defrosted do not refreeze. Ensure food is cooked for a minimum 72oC for 2 minutes Defrost in a refrigerator at less than 5oC for 24 hours and then use within 24 hours

Storage Instructions

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