Thompsons Food Service Ltd. Nelsons Yard South Denes Road Great Yarmouth Norfolk NR30 3PR



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# Speedibake Garlic Bread Slices - 30g - Information

150 White baguette slices with a garlic and parsley topping.

TFS Product Code: 024663 Suppliers Product Code: Information Last Updated: 26/05/2023 Date Produced: 10/09/2025



# Allergy Information Key: Contains May Contain (Ormation Ormation Ormatio Ormatio

# **Nutritional Information**

Serving Unit:	100g or 100ml	
Energy (kcal)	388.00	
Energy (kJ)	1624.00	
Protein (g)	9.00	
Carb (g)	48.00	
Of Which Sugars (g)	3.90	
Fat (g)	17.00	
<b>Of Which Saturates</b>		
(g)	4.80	
Fibre (g)	3.70	
Salt (g)	0.88	

Key: Suitable for Kosher Vegetarian Halal Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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### Ingredients

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring, Colour (Carotenes)], Water, Garlic Purée (3.0%), Salt, Yeast, Parsley, Flour treatment agent (Ascorbic Acid), WHEAT Flour.

### **Handling Information**

### **Directions for Use**

OVEN: Preheat oven to 200°C, Gas 6, Fan 180°C. Remove all packaging. Place garlic slices on a baking tray in the top of the oven. Cook for 5-6 minutes. GRILL: Preheat grill. Remove all packaging. Place garlic slices on a grill pan under a medium grill. Cook for 4-5 minutes, turn and grill for a further 1 minute. Check food is piping hot. Do not reheat once cooled. All cooking appliances vary. This is a guide only.

### Storage Instructions

Keep frozen -18°C or below. Do not refreeze once defrosted.

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