Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



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Seafeast Tempura Battered Prawns 26/30's - Information

Frozen tail-on vannamei prawn coated in a tempura batter.

TFS Product Code: 029082

Suppliers Product Code:

Information Last Updated: 09/01/2024 **Date Produced:** 29/10/2025



Allergy Information

Key: Contains















Sesame Gluten Crustaceans

Eggs

Lupin

Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts

Nutritional Information

100g or 100ml Serving Unit:

195.00 Energy (kcal) 815.00 Energy (kJ) Protein (g) 10.60 21.00 Carb (q)

Of Which Sugars (g) 1.20

Fat (g) 7.60

Of Which Saturates

3.50 (g) Fibre (a) 0.00 Salt (g) 1.10









Molluscs Mustard Fish

Dietary Information

Key: Suitable for











Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Tempura Batter (49%) (WHEAT Flour, Maize Starch, Corn Flour, Acidity Regulators (Glucono Delta-Lactone, Calcium Phosphates), Raising Agent (Sodium Carbonates), Emulsifier (Diphosphates), Stabiliser (Sodium, Potassium and Calcium Salts of Fatty Acids), Corn Starch, Defatted SOYBEAN Powder, Gardenia), Prawns (Litopenaeus vannamei) (39%) (CRUSTACEAN), Refined Soybean Oil, Tapioca Starch, Corn Starch, Salt, Stabilisers (Triphosphates, Polyphosphates, Mono- and diglycerides of fatty acids), Perilla Oil.

Handling Information

Directions for Use

Remove all packaging prior to cooking. To oven cook from frozen: Pre-heat oven to 200°C / 180°C Fan / Gas Mark 6. Place product on a pre-heated baking tray and cook for 16 – 18 minutes until crispy and golden brown, turning halfway through cooking. To deep fry from frozen: Pre-heat oil to 180°C. Place product in the oil and fry for 3 – 4 minutes. Please ensure food is piping hot and fully cooked prior to serving. The above instructions are guidelines only as cooking appliances may vary.

Storage Instructions

Keep frozen at -18°C or below. If defrosted, do not refreeze.

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