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# Seafeast Cod Fillets 6-8oz (170-230g) Skinless / Boneless -

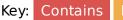
Frozen, IQF, Skinless and Boneless Atlantic Cod Fillets

**TFS Product Code:** 029084

**Suppliers Product Code:** 

Information Last Updated: 29/12/2023 **Date Produced:** 16/12/2025

### **Allergy Information**















Sesame Gluten Crustaceans

Eggs Lupin

Nuts













Salt (g)

Milk

Celery Sulphur Dioxide

Soya



Cereal Peanuts

# **Nutritional Information**

100g or 100ml Serving Unit: Energy (kcal) 82.00 Energy (kJ) 343.00 Protein (g) 18.00 0.50 Carb (g) Of Which Sugars (g) 0.50 0.70 Fat (g) Of Which Saturates 0.10 (g) 0.00 Fibre (g)

0.14









Molluscs Mustard Fish

# **Dietary Information**

Key: Suitable for









Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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### **Ingredients**

Atlantic Cod (Gadus morhua) (FISH) (95%), Water, Stabiliser: Sodium Tripolyphosphate.

### **Handling Information**

#### **Directions for Use**

Once opened, please use it within a day. This product is raw, ensure it is fully cooked before consumption.

#### **Storage Instructions**

Keep frozen at -18°C or below. Do not refreeze once defrosted.

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