Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road **Great Yarmouth** Norfolk NR30 3PR



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### Laila Sella Basmati Rice - Information

Golden coloured grains of authentic parboiled Basmati Rice. Grown in the Punjab region of India and Pakistan.

**TFS Product Code:** 029512 **Suppliers Product Code: 12688** 

Information Last Updated: 30/08/2023 **Date Produced:** 28/10/2025



## **Allergy Information**

Key: Contains













Sesame Gluten Crustaceans

Eggs

Lupin

Nuts













Milk

Celery Sulphur Dioxide

Soya



## **Nutritional Information**

< 0.01

100g or 100ml Serving Unit:

Energy (kcal) 375.00 Energy (kJ) 1593.00 Protein (q) 8.10

84.00 Carb (g)

Of Which Sugars (g) 0.50 < 0.50 Fat (q)

Of Which Saturates

Salt (g)

0.10 (g) Fibre (q) 1.40









Fish

Molluscs Mustard

## **Dietary Information**

Key: Suitable for











Kosher Vegetarian Halal Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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# **Ingredients**

Basmati Rice (100%)

## **Handling Information**

#### **Directions for Use**

Rinse the rice in cold running water before cooking. Add 60g of rice per person to a pan of boiling water. Simmer for 10 minutes whilst occasionally stirring. Cover for 3 minutes, drain and serve.

#### **Storage Instructions**

Store in a cool, dry place. Once opened, keep tightly closed and consume within the best before end date.

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