Thompsons Food Service Ltd. **Nelsons Yard** South Denes Road Great Yarmouth Norfolk NR30 3PR



Tel: 01493 249649

Web: www.tfsltd.co.uk

Laila Lentils Red Split Dry - Information

Dried and skinned red lentils

TFS Product Code: 031514

Suppliers Product Code:

Information Last Updated: 02/05/2023 **Date Produced:** 01/11/2025



Allergy Information

Key: Contains















Sesame Gluten Crustaceans

Eggs Lupin Nuts













Milk

Celery Sulphur Dioxide

Soya

Cereal Peanuts



Fish

Molluscs Mustard

Nutritional Information

100g or 100ml Serving Unit:

Energy (kcal) 358.00 1512.00 Energy (kJ) Protein (g) 26.00 51.00 Carb (q) Of Which Sugars (g) 1.30

Fat (g) 1.80

Of Which Saturates

0.30 (g) Fibre (g) 0.00 Salt (g) < 0.01

Dietary Information

Key: Suitable for









Kosher Vegetarian Halal

Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

> Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

Thompsons Food Service Ltd.

Tel: 01493 249649

Fax: 0845 051 8772

E-Mail: accounts@tfsltd.co.uk

Laila Lentils Red Split Dry - Information

TFS Product Code: 031514

Suppliers Product Code:

Information Last Updated: 02/05/2023 **Date Produced:** 01/11/2025



Ingredients

Red Split Lentils

Handling Information

Directions for Use

Rinse the lentils and then place in a pan and cover with cold water. Bring to the boil and simmer gently for 15-20 mins or until tender. Drain and serve. Do not eat raw.

Storage Instructions

Cool, Dry storage

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson