

## Cup A Soup Vegetable 4 Sachets - Information

Instant Cream of Vegetable Soup with Croutons

**TFS Product Code:** 030370  
**Suppliers Product Code:**  
**Information Last Updated:** 07/05/2025  
**Date Produced:** 04/05/2026

### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	51.00
Energy (kJ)	215.00
Protein (g)	0.50
Carb (g)	7.70
Of Which Sugars (g)	0.90
Fat (g)	2.00
Of Which Saturates (g)	1.10
Fibre (g)	0.50
Salt (g)	0.41

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

**Ingredients as served (greatest first):** Water, Vegetables (7%) (Carrot, Leek, Onion, Peas), Glucose Syrup, Maize Starch, Croutons (1.5%) (**Wheat** Flour (with added Calcium, Iron, Niacin, Thiamin), Palm Oil, Salt, Yeast, Antioxidant (Rosemary Extracts)), Palm Oil, Potato Starch, Yellow Split Pea Flour, Salt, Parsley, Potassium Chloride, Garlic, **Milk** Proteins, Flavourings (contain **Barley**), Yeast Extract, Emulsifiers (Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Ground Turmeric, Black Pepper Extract.

## Handling Information

### Directions for Use

Take a moment to enjoy the warm, comforting feeling of a deliciously tasty Cup a Soup! 1. Empty a sachet into a cup or mug 2. Add 230ml of boiling water 3. Stir well, wait a few moments 4. Sit back and enjoy..

### Storage Instructions

Store in a cool, dry place. DO NOT USE IF INNER SACHETS ARE OPEN OR TORN.

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