

## Cup A Soup Minestrone 4 Sachets - Information

Instant Minestrone Soup with Croutons and Noodles Contains 4 portions

**TFS Product Code:** 030369  
**Suppliers Product Code:**  
**Information Last Updated:** 14/12/2023  
**Date Produced:** 18/12/2025

### Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

### Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	35.00
Energy (kJ)	146.00
Protein (g)	0.60
Carb (g)	6.30
Of Which Sugars (g)	1.60
Fat (g)	0.70
Of Which Saturates (g)	0.30
Fibre (g)	0.50
Salt (g)	0.50

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Ingredients as served (greatest first): Water, Tomatoes (22%), Vegetables (6%) (Carrot, Onion, Peas, Leek), Ring Noodles (2.5%) (Water, WHEAT Flour, Salt), Potato Starch, Maize Starch, Croutons (1.5%) (WHEAT Flour (with added Calcium, Iron, Niacin, Thiamin), Palm Oil, Salt, Yeast, Antioxidant (Rosemary Extracts)), Glucose Syrup, Sugar, Salt, Flavourings, Parsley.

## Handling Information

### Directions for Use

Take a moment to enjoy the warm, comforting feeling of a deliciously tasty Cup a Soup! 1. Empty a sachet into a cup or mug. 2. Add 230ml of boiling water. 3. Stir well, wait a few moments. 4. Sit back and enjoy...

### Storage Instructions

Store in a cool, dry place. DO NOT USE IF INNER SACHETS ARE OPEN OR TORN.

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