

Chef Approved Chocolate Sponge Puddings - Information

Rich Chocolate Sponge Pudding, covered in a smooth and creamy Dark Chocolate Sauce. 12 Individual Puddings.

TFS Product Code: 031758
Suppliers Product Code:
Information Last Updated: 04/11/2025
Date Produced: 16/12/2025



Allergy Information

Key: **Contains** **May Contain**



Sesame



Gluten



Crustaceans



Eggs



Lupin



Nuts



Milk



Celery



Sulphur Dioxide



Soya



Cereal



Peanuts



Fish



Molluscs



Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	310.00
Energy (kJ)	1298.00
Protein (g)	3.90
Carb (g)	40.20
Of Which Sugars (g)	28.00
Fat (g)	14.80
Of Which Saturates (g)	6.40
Fibre (g)	1.60
Salt (g)	0.40

Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Sugar, Water, Whole EGG, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier: Mono- And Diglycerides Of Fatty Acids), Dairy Cream (MILK), Fat Reduced Cocoa Powder (3.5%), Glucose Syrup, Dextrose, Modified Maize Starch, Cocoa Mass, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate; Palm Oil, Whey Powder (MILK), WHEAT Flour, Cocoa Butter, Emulsifiers: SOYA Lecithin, Sorbitan Tristearate, Mono- And Diglycerides Of Fatty Acids, Polyglycerol Esters Of Fatty Acids; Natural Flavouring

Handling Information

Directions for Use

COOKING INSTRUCTIONS: Re-heat from frozen. Remove film. Place container in microwave. Heat on FULL power. 800W for approximately 1 minute 30 seconds, 1100W - 1 minute, 1800W - 35-40 seconds. Allow to stand for 1 minute. Cover container with pudding dish, turn out to serve, scooping out any remaining sauce. WARNING: HOT STEAM & TOPPING WHEN RE-HEATED.

Storage Instructions

DO NOT REFREEZE ONCE DEFROSTED. STORE AT -18°C OR COLDER.

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Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson