

## Boost Energy Regular - Information

Niacin, Pantothenic Acid, Vitamin B6 and Vitamin B12 contribute to the reduction of tiredness and fatigue. Each can contains at least 50% of these B Vitamin RI's\*. \*RI % Reference Intake of an average adult (8400kJ/2000kcal)

**TFS Product Code:** 014477  
**Suppliers Product Code:**  
**Information Last Updated:** 21/05/2019  
**Date Produced:** 18/09/2025



## Allergy Information

Key: **Contains** **May Contain**



Nuts



Sulphur Dioxide

## Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	23.00
Energy (kJ)	97.00
Protein (g)	0.00
Carb (g)	4.90
Of Which Sugars (g)	4.90
Fat (g)	0.00
Of Which Saturates (g)	0.00
Fibre (g)	0.00
Salt (g)	0.02

## Dietary Information

Key: **Suitable for**



Kosher



Vegetarian



Halal



Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Carbonated Water, Sugar, Glucose-Fructose Syrup, Acid (Citric Acid), Taurine (0.4%), Flavourings, Caffeine (0.03%), Sweeteners (Aspartame, Acesulfame K), Colours (Ammonia Caramel, Riboflavin), Acidity Regulator (Sodium Citrate), Inositol, Preservative (Sodium Benzoate), Vitamins (Niacin, Pantothenic Acid, Vitamin B6, Vitamin B12)

## Handling Information

### Directions for Use

Chill for the best boost

### Storage Instructions

Store in a cool, dry place out of direct sunlight.  
Open with care. Best Before End: See base of can.

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Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England  
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson